



f.1988

2016-2017



FITNESS & CONDITIONING CATALOGUE

CATALOGUE DE MISE EN FORME ET CONDITIONNEMENT





COREFX WALL BALLS

At 14" in diameter, the COREFX Wall Balls are composed of ultra strong PVC panels reinforced with advanced stitching at every seam and a unique texture for enhanced grip. Includes carry strap.

Please note the COREFX Wall Balls are NOT to be used for slam training.

(CFXWB4) 4 LBS. // (CFXWB6) 6 LBS. // (CFXWB8) 8 LBS. // (CFXWB10) 10 LBS. // (CFXWB12) 12 LBS. // (CFXWB14) 14 LBS. // (CFXWB16) 16 LBS. // (CFXWB18) 18 LBS. // (CFXWB20) 20 LBS.



COREFX SLAM BALLS

Built specifically for the most demanding, intense medicine ball slamming activities, COREFX Slam Balls are made from reinforced, composite rubber, with unique textured design for increased grip. Ranging from 7" to 11" in diameter, these dead-bounce Slam Balls can benefit athletes of any size and skill level.

(CFXSLB5) NEW 5 LBS. // (CFXSLB8) NEW 8 LBS. // (CFXSLB10) 10 LBS. // (CFXSLB15) 15 LBS. // (CFXSLB20) 20 LBS. // (CFXSLB25) 25 LBS. // (CFXSLB30) 30 LBS. // (CFXSLB35) 35 LBS.



COREFX ANTI-BURST BALL

The toughest ball on the market. With an anti-burst rating of 1250lbs, this stability ball is built to last while you carve out a strong core.

(CFXABS865)





COREFX DOUBLE UNDER SPEED ROPE

Master the art of the double under with this ultra lightweight, ultra thin speed rope. The length of this 11' vinyl dipped cable rope can be easily adjusted. Comes with a portable nylon carry bag.

(DUSR)



COREFX 3-IN-1 PLYOBOX

The COREFX 3-in-1 Plyobox gives you a 20", 24" and 30" tall plyobox all with a simple turn of the box! With a sturdy plywood construction, internal reinforcing component that makes this just as sturdy as regular metal plyoboxes, and rounded edges for safe jumping, this Plyobox is a must-have in any facility. In addition, the plyobox ships unassembled to keep costs as low as possible.

(CFXPLYO)



COREFX 3-IN-1 FOAM PLYOBOX

Gain confidence when practicing box jumps on the new COREFX 3-in-1 Foam Plyobox. High density foam is covered with anti-slip material. Box contains sand bell weights to keep box in place when jumped on. 3 heights: 20", 24", 30".

(CFX3PLYOFOAM)



COREFX SANDBAG

Amazing for boot camps and sports conditioning with 6 sturdy handles for various positions and lifts. Double stitched, extra tough and meant for abuse, this sandbag can hold up to 50 lbs. Comes with nylon filler bag with zipper and Velcro closure. It is recommended that you keep your sand wrapped in plastic when you place it into the filler bag for extra protection. *Sand must be purchased separately.*

(CFXSB)



COREFX PRO ADJUSTABLE WEIGHTED VEST

Lets user increase the weight by adding individual 2.2 lb. weighted bars, 18 pockets providing a maximum weight of 40 lbs., ergonomic military-style design for maximum performance and comfort.

(PWFV40)



COREFX BATTLE ROPE

The 100% nylon COREFX Battle Rope has a superior lifespan and maximum undulation properties and will not shed or shrink if they get wet. At 1.5" in diameter, 50' in length, weighing 23 lbs., and a heat-sealed plastic boot cover for each handle, these battle ropes will dramatically increase cardio and conditioning!

(BROPE) BATTLE ROPE

NEW! (BROPEDRING) D-RING ANCHOR POINT // **NEW!** (BROPEWMH) WALL MOUNT HANGER



COREFX POWER HARNESS

Fully adjustable harness features 7 attachment points, including a d-ring that allows the athlete to swivel and change their body's position without changing their direction or stopping to reattach the lead. Fits snugly against the body, eliminating any fuss of additional webbing.

Launching Fall 2016.

(CFXHARN)



COREFX WHIPLASH & WHIPLASH XT

Combine velocity and resistance training for a variety of undulation exercises. Features premium-grade resistance tubing encased in a polypropylene covering for extreme protection of the resistance tubing core. Versatile handles allow the user to alter hand positioning while training, targeting key areas.
Sold individually

10' WHIPLASH (CFXWL1) 75 LBS. // (CFXWL2) 100 LBS. // (CFXWL3) 150 LBS.

20' WHIPLASH XT (CFXWLX1) 75 LBS. // (CFXWLX2) 100 LBS. // (CFXWLX3) 150 LBS.



CLIMBING ROPE

This 1.5" diameter rope is 23'5" long and has a fixed hook that can be attached to a ceiling fixture or beam. Made of sisal, this rope provides maximum grip!

(CLIMB)



COREFX GYMNASTICS RINGS

Polycarbonate with a faux wood grain that is helpful for holding chalk. Rings measure 9.5" in diameter and grip diameter measures 3.5". Rings come with two 18' long x 1.5" wide straps with secure buckles.

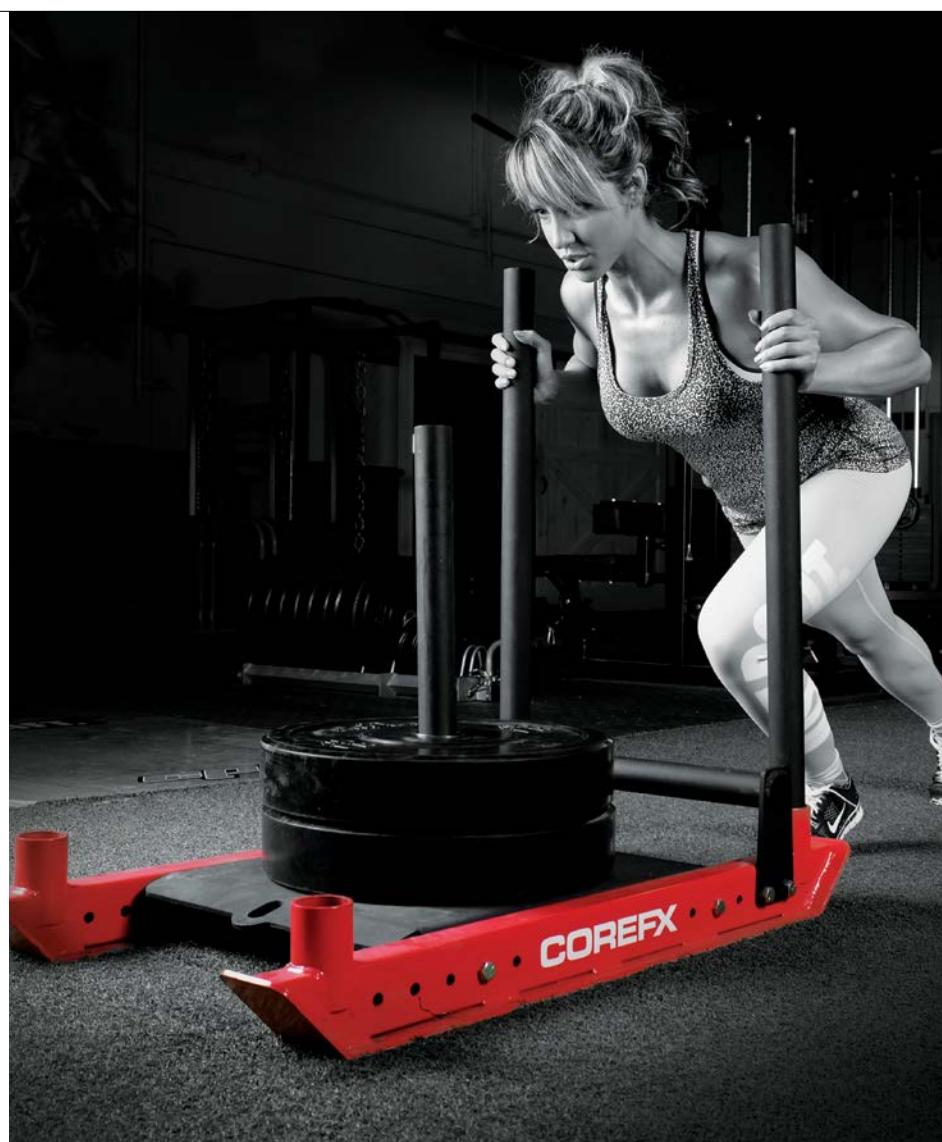
(GRINGS)



CHALK BLOCKS

A set of 8 individually wrapped, 2 oz. blocks of 100% pure, white magnesium chalk, this economy sized pack allows you to perform at your best without worrying about your grip!

(CH8X2)



COREFX DRAG SLED

One piece, Canadian made, 1/4" bent steel construction, ideal for increasing power and resistance to sprints. A powder coating finish for ultimate durability, and 18" long plate pin designed for use with Olympic plates allows this sled to be used almost anywhere without any limitations. Weight Capacity: 11 x 45 lb. Steel Plates; 7 x 45 lb. Comp Plates; 4 x 45 lb. Bumper Plates.

COREFX Drag Sled does not include shoulder harness, nylon lead or weight plates.

(CFXP999)



COREFX PUSH SLED

Built from incredibly strong, 11-gauge welded steel, with a high-quality powder coating finish to reduce chipping and increase the life of the Push Sled. 24" W x 40" L x 38" H. 25" plate pin designed for use with Olympic plates and 2 x tow rings on either end. This sled is built to withstand the most torturous workouts!

COREFX Push Sled does not include shoulder harness, nylon lead or weight plates.

(CFXP356)



COREFX SKILL SLIDE

Not just for dryland skating or hockey training, the COREFX Slideboard can be used as a training tool in various types of training applications. The COREFX slide board uses a proprietary mat surface that has a non-slip surface on one side to hold the mat in place while the user stays in motion. The board can be adjusted in any length up to 8 feet, allowing the user to adjust and challenge their lateral training as they increase in their power and endurance. The COREFX Slide board rolls up easily and can be neatly stored away. Comes with a storage bag and booties that can be worn over running shoes.

Launching Mid 2016.

(CFXSLIDE)



COREFX RESISTANCE PARACHUTE

Featuring a 54" diameter chute with 36" lead, adjustable waist belt, ultra-strong parachute with nylon webbing connections and a carry bag for easy storage.

(SCP54)



COREFX SHAKER CUP

The COREFX 20 oz Shaker cup comes with a stainless steel spherical shaped spring that helps to shake up and mix powders with liquids. BPA Free.

(CFXSHAKER)



COREFX RECOVERY BALL

If there is one thing you should implement to increase mobility, it's a massage ball. Compact and dense, the COREFX Recovery Ball gets at tough muscle knots and hard-to-reach places. Use it to loosen up a muscle before a workout, or after a workout to knead out knots and allow the muscle to recover faster.

Launching Mid 2016.

(CFXMSG)



COREFX STRENGTH BAND

Add resistance to any exercise, assist with body-weight training exercises, or stretch. Each COREFX Strength Band is 41" long and 3/16" thick, while the width of each strength band will vary by resistance. Only premium-grade natural rubber has been used to create these Strength Bands through a revolutionary continuous-layering process to maximize the durability.

(STBA1) RED, 5-35 LBS. // **(STBA2)** BLACK, 10-60 LBS. // **(STBA3)** PURPLE, 25-80 LBS. // **(STBA4)** ORANGE, 35-100 LBS. // **(STBA5)** GREEN, 35-120 LBS. // **(STBA6)** BLUE, 60-150 LBS.



COREFX OVERDRIVE TRAINER

Attain new levels of explosive speed, strength, stamina and agility with the Overdrive Trainer. Contains a 10' COREFX industrial-strength resistance tubing with polypropylene covering and carabiner, a COREFX shoulder harness, a wrap-around anchor, and a carry bag.

(CFXOT1) 75 LBS. RESISTANCE // **(CFXOT2)** 100 LBS RESISTANCE // **(CFXOT3)** 150 LBS. RESISTANCE



COREFX ADVANCED TONER

Blue polypropylene covering for extreme protection of the premium-grade resistance tubing core, and industrial strength plastic handles. Gives the best resistance tubing for safety and function.

4' TONERS (CFXTNR1) LIGHT, GREEN // (CFXTNR2) MEDIUM, RED // (CFXTNR3) HEAVY, BLUE // (CFXTNR4) VERY HEAVY, BLACK // (CFXTNR5) ULTRA HEAVY, GREY

6' TONERS (CFXTNR6) MEDIUM, RED // (CFXTNR7) HEAVY, BLUE // (CFXTNR8) VERY HEAVY, BLACK // (CFXTNR9) ULTRA HEAVY, GREY



COREFX IGNITION SWITCH HARNESS

Add resistance and instantly release tension with a single pull of the lead. Contains a COREFX shoulder harness (with single D-ring connection), a quick-release power handle (10' lead) and a carry bag.

(CFXISH)



COREFX LAUNCH TRAINER

Increase speed and explosiveness, and perform a variety of overspeed, agility and lateral training drills using the COREFX Launch Trainer. Contains two adjustable waist belts, a 4' COREFX industrial strength resistance tubing with polypropylene covering and carabiners, and a carry bag.

(CFXLT)



COREFX SLINGSHOT OVERSPEED TRAINER

Enhance speed with the Slingshot Overspeed Trainer. Contains two adjustable waist belts, 20' industrial strength resistance tubing with polypropylene covering and carabiners, and a carry bag.

(CFXSOT)


TRIGGER POINT


THE GRID

At 13" long and 5.5" in diameter, The Grid has been weight tested to support up to 500 lbs. static load. The GRID foam roller is the ideal solution for a self-massage.

(GRIDO) ORANGE 13" // (GRIDB) BLACK 13" // (GRIDP) PINK 13" // (GRIDL) LIME GREEN 13"



THE GRID 2.0

At 26" long and 5.5" in diameter, The Grid 2.0 has been weight tested to support up to 500 lbs. static load. It is the ideal solution for a self-massage and hits multiple muscle groups simultaneously. It is the ideal solution for myofascial release and increased blood flow.

(GRID2O) ORANGE 26" // (GRID2B) BLACK 26" // (GRID2P) PINK 26"



THE GRID MINI

The GRID Mini foam roller is the most travel friendly foam roller on the market. It measures 4" long by 5.5" diameter to provide a smaller surface for targeted compression. Weight tested to support up to 250 lbs. static load.

(GRIDMO) MINI ORANGE 5" // (GRIDMB) MINI BLACK 5" // (GRIDMP) MINI PINK 5"



THE GRID X FOAM ROLLER

Twice as firm as the Original GRID Foam Roller, the GRIDX was created to break through the body's toughest, tightest trouble spots. Weight tested to support up to 550 lbs. static load, the GRIDX is sweat proof, simple to clean and is ideal for those who require a more dense roller.

(GRIDX)



TRIGGERPOINT MOBILITY PACK

The Trigger Point Mobility Pack includes the two most important tools needed for deep tissue compression and multi density massage; a 13" Grid with hollow core and the MB1 layered EVA massage ball.

Grid colour subject to change.

Coming soon.

(TPMOBPBK)



THERAPY CORE FOAM ROLLER

Made from the highest quality EVA foam on the market, the Foam Core Roller features the same Grid pattern that The Grid is famous for having. Meant to mimic fingers and palms, these foam core rollers offer the same great myofascial release as The Grid, but at a softer density.

(TPSRG18) 18" L

(TPSRG32) 32" L



COLD ROLLER™

The Cold Roller combines the benefits of myofascial release with cold therapy. The cold roller measures 11.5" x 3.9" and is made of smooth stainless steel filled with cooling gel. Stays cold for up to three hours!
(TPCOLD)



GRID STK

Innovative, hand-held foam roller designed to relieve muscular aches and pains. Wrapped in a patent-pending 3-dimensional surface. Capped with AcuGRIP™ handles.

(TPSTKO)



GRID STK X

The GRID STK X is twice as firm as the GRID STK and is ideal for those with dense tissue looking for intense compression. Wrapped in a patent-pending 3-dimensional surface. Capped with AcuGRIP™ handles.

(TPSTKXB)



QUADBALLER

The Quadballer's low profile and comfortable, yet firm design allows you to safely and effectively roll and release stubborn knots and tightness through the quadriceps, adductors/inner quads, hamstrings and lats.

(TPQUAD)

RETAIL DISPLAYS

Available upon request





NANO™ FOOT ROLLER

Innovative foam roller specifically designed to increase flexibility and relieve minor muscular aches and pains associated to the foot.

(TPNANOO)



NANO X™ FOOT ROLLER

Twice as firm as the NANO™ Foot Roller, the NANO™ X is designed to increase flexibility and relieve minor muscular aches and pains in the foot. The NANO™ X Foot Roller is suited to those looking for intense compression.

(TPNANOXB)



T-ROLLER™

Hand-held TriggerPoint™ roller, specifically designed to relieve minor muscular aches and pains that can't be easily reached with a traditional hand-held massage product, such as the neck, arms and chest. Capped with our patent pending AcuGRIP™ handle that is uniquely designed for acute myofascial release and designed to mirror the benefits of our original TP Massage Ball.

(TPTROLL)



MB1 MASSAGE BALL

The MB1 Massage Ball is a great choice for targeted relief. It's EVA foam surface more effectively "grips" the areas being addressed to release discomfort and tightness without pinching or irritating nerves like a harder golf ball or lacrosse ball might do. With a slip resistant texture, the MB1 can be used on any hard surface, so you can roll anytime, anywhere. For best results, place the ball directly on the area of discomfort, apply pressure and roll side to side.

(TPMBI)



MB5 MASSAGE BALL

The MB5 is a great tool for anyone needing to release tight shoulders or hips. The layered construction offers varying levels of pressure to break up adhesions, stimulate blood flow and restore mobility. The 5" diameter was designed to address deeper tissue.

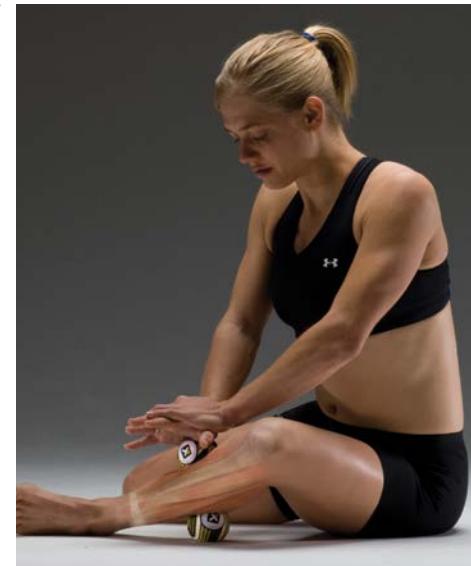
(TPMB5)



MBX MASSAGE BALL

The MBX is recommended for dense muscles or anyone who prefers intense compression. The extra firm EVA foam compresses and "grips" tissue, encouraging blood and oxygen flow to enhance overall movement and range of motion. With a slip resistant texture, this can be used on any hard surface.

(TPMBX)





MASSAGE BALL

Target specific trigger points with the TP Massage Ball and relieve the muscles of existing minor aches and pains by applying pressure to the muscle.

(TPBALL)



X-FACTOR BALL

Bigger and more dense than the original Massage Ball, the X-Factor ball allows those with dense muscle tissue to target specific problem areas.

(TPBALLX)



2-BALL SLEEVE

Essential accessory to couple two TP Massage Balls for targeted relief on either side of the spine, upper back and other key areas.

While quantities last.

(TPSLEEVE)



FOUNDATION COLLECTION

The ability to move one's body without pain is an essential part of maintaining a quality fitness routine. The Foundation Collection is the introduction to self-care through deep tissue massage. This kit comes with the essential premium equipment and instruction.

(TPFK)



PERFORMANCE COLLECTION

The TriggerPoint Performance Collection is for any athlete that wants to increase mobility. Step by step instructions guide you through easy-to-follow self-massage techniques on twelve areas of the body.

(TPPK)



WELLNESS COLLECTION

The Wellness Collection is designed to help reduce discomfort, increase mobility, and maintain muscular health in an effort to achieve total body wellness. Use this kit to increase mobility, reduce pain, and maintain muscular health through deep tissue self-massage techniques.

(TPWK)



HYERSPHERE

Digital circuitry controls with 3 speeds setting. High-intensity vibrating core transfers maximum vibration to the body. Compact and portable, easy for travel and carry. Textured rubber exterior targets vibration for more localized therapy. AC charger included.

(HIIHYPERSPHERE)



HYPERICE VYPER

The VYPER is a cutting-edge fitness and recovery device that uses pressure and vibration to improve the body's overall performance. Using a fully rechargeable high power lithium battery, the Vyper delivers vibration frequencies at three power speeds, features a polypropylene shell which is air injected for comfort. It improves blood circulation and minimizes recovery time and helps to loosen tendons and tight tissue.

(HIVYPER)



HYPERICE VYPER PINK

Now available in pink, the VYPER uses 3 different speed settings powered by rechargeable lithium ion batteries, which give over 2 hours of use for charge. Excellent for self massage, warm up, and to work on tight muscles that prevent you from moving better. Firm Density.

(HIVYPERP)



HYPERICICE SHOULDER WRAP

Made of a 3 mm. premium-grade compression neoprene sleeve with plush finish, the HYPERICE Shoulder Wrap delivers AC joint relief for athletes through cold therapy. Flexible 10" x 10" Ice Cell conforms to the body's contours while maintaining a comfortable fit and maximizes the points of contact.

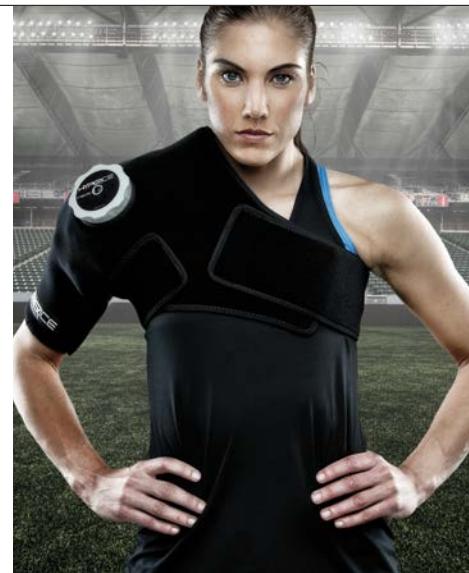
(HIWSL) LEFT SHOULDER // (HIWSR) RIGHT SHOULDER



HYPERICICE EXTENDED SHOULDER WRAP

With a 5 mm. plush neoprene sleeve, the Extended Shoulder Wrap provides bilateral cold therapy compression. Flexible 20" x 10" Ice Cell maintains a comfortable fit and maximizes the points of contact.

(HIWSEL) LEFT SHOULDER // (HIWSER) RIGHT SHOULDER



HYPERICICE BACK WRAP

A great multi-layered compression wrap to help in the relief of back pain. The design provides maximum compression with a 3 mm neoprene base layer and 3 mm outer tension layer. The 10" x 10" Ice Cell provides coverage designed for the prevention and relief of back soreness, spasms, joint pain, sciatica and more!

(HIWB)



HYPERICICE KNEE WRAP

Designed for the treatment and/or prevention of knee pain, inflammation from strains/sprains, ACL/MCL/Meniscus strains or tears, the HYPERICE Knee Wrap has a 10" x 10" Ice Cell, ideal for use on both the left and right knee, as well as calves or shins.

(HIWK)



HYPERICICE UTILITY WRAP

The HYPERICE Utility Wrap, fitted with a smaller 8" x 8" Ice Cell, is the ideal solution for targeted cold and compression to fight inflammation. Designed to go almost anywhere, the Utility Wrap provides optimal cold therapy for high to low ankle sprains, shin splints, elbow tendinitis and more!

(HIWU)



HYPERICICE FUEL

A reusable, biodegradable, and non-toxic synthetic ice alternative designed to provide superior performance when used with HYPERICE Ice Compression devices. Stays cold for up to two hours. The synthetic ice nuggets create a pliable ice cast and maintains optimal freezer temperatures.

(HIFUEL)



HYPERICICE REPLACEMENT ICE CELL

10" x 10" Ice cell replacement. Latex construction.
(HICELL)



ICE CELL WITH AIR RELEASE TECHNOLOGY

The ice cell's ultra-thin, proprietary formula quickly transfers cold to the body. Durable enough to withstand the wear and tear of daily use, this antimicrobial, flexible cell skin can be stretched and molded to the body without damaging the ice cell.



JUST BREATHE.

Training Mask will make your workout so efficient, you can actually cut the amount of time spent in training by as much as two-thirds. Simply strap it on and begin your normal work out. Within days, you'll see the difference!

By conditioning your lungs and creating pulmonary resistance, your diaphragm is strengthened, thereby making your lungs work harder. When lungs work harder, the surface area and elasticity in the alveoli is increased, thus increasing your stamina and ability to go harder at your sport – or simply have increased energy for daily living.



TRAINING MASK 2.0

Training Mask can actually cut the amount of training time by as much as two-thirds. Simply strap it on and begin your normal work out. Includes six air resistance caps, three base pieces with flux valve plungers, one silicone training mask, one neoprene sleeve, and a fitness workout booklet.

(TRMSKB1) SMALL // (TRMSKB2) MEDIUM // (TRMSKB3) LARGE



INSANE

The Training Mask 2.0 gives you the ability to fully customize your style with dozens of unique sleeves. Simply peel off the original sleeve and replace it with the new sleeve to complete your customized look!

Elevation training mask and valve set sold separately

(TRMSLVIN1) SMALL // (TRMSLVIN2) MEDIUM // (TRMSLVIN3) LARGE

CANADA SLEEVE

The Training Mask 2.0 gives you the ability to fully customize your style with dozens of unique sleeves. Simply peel off the original sleeve and replace it with the new sleeve to complete your customized look!

Elevation training mask and valve set sold separately

(TRMSLVC1) SMALL // (TRMSLVC2) MEDIUM // (TRMSLVC3) LARGE



SPRAY CLEAN

Training Mask Spray Clean is specially formulated to effectively deodorize the Elevation Training Mask. Spray Clean leaves no residue and leaves your mask smelling fresh.

(TRMSPC)



RETAIL DISPLAYS

Available upon request



MADE BY FREAKS TESTED BY ELEPHANTS

Elephant Slacklines are committed to making outstanding slackline equipment for trickliners, highliners, longliners, waterliners, rodeoliners and any other kind of slackliner out there. Elephant Slacklines' parent company, ZURRpack, started out producing custom-made webbings in 1983. After five years of research and development of slacklines, the subsidiary Elephant Slacklines was founded in 2010. Drawing upon nearly 30 years of experience, we offer the highest quality slacklines exclusively produced in Germany.

Elephant Slacklines are single-source suppliers of everything you need for slacklining: various types of webbing, tightening systems, anchor systems, accessories and slackline workshops. The pro athlete team - besides slacking their pants off and bagging titles at various competitions - helps Elephant Slacklines test and improve their product range and develop new slacklining systems. Anything unrelated to elephant is irrelephant.



ELEPHANT SLACKLINE ECOLINE

No colour, no accessories: we saved on everything but the necessary – the quality of the slackline and the ratchet. Perfect for quality-conscious beginners, the product is 40' (12 m) long, lightweight and easy to take on trips.
 (ESECO)



ROOKIE ELEPHANT SLACKLINE

The 50' (15 m) girth hitch system consists of the slackline itself and a top-quality standard ratchet. This starter kit is easy and fast to set up. Rounded edges, black boarders and the width of the line facilitates the learning process. Includes Tree'Skin Protection.
 (ESRFP) HOT PINK // (ESRFY) NEON YELLOW



ADDICT ELEPHANT SLACKLINE

Designed for advanced slackliners who want to set up longer jump lines of up to 80' (25 m) in length – the included long lever ratchet can handle anything. The flashy colour and the contrast-enhancing print provide you with an ideal reference point when landing jumps. Includes Tree'Skin Protection.
 (ESAfp) HOT PINK // (ESAFY) NEON YELLOW



BOSU® BALANCE TRAINER PRO

Designed for fitness professionals and commercial gyms, it features an 8 lb. bladder, a dually over-molded platform, and a smooth, non-skid and non-marking rubber base. Includes a foot pump, BOSU® Integrated Balance Training Manual and DVD. Maximum user weight is 300 lbs.

Comes with a 1-year commercial warranty.

(BOSUPRO)



BOSU® BALLAST BALL

Constructed of durable, high-quality, burst-resistant material, with a unique weighted filler that allows it to stay put so it won't roll around or add resistance to your workout. Includes foot pump and workout DVD. Weighs 6.5 lbs. and can be inflated between 55 cm. and 65 cm.

(BOSUBLST)



WECK METHOD BOSU® ELITE

The WeckMethod BOSU® Elite features increased resistance for high-intensity loading, a 2,000 lb. weight-rated durable & rugged dome, reinforced base for platform-side exercises, power zones and power lines for unique WeckMethod programming, and a new honey comb grip!

(BOSUELITE)



BOSU® BALANCE TRAINER

Balance and conditioning tool for athletes and home training. Features a 6 lb. bladder and durable platform with 6 non-skid rubber feet. Includes foot pump, 90-day home use warranty and 4-in-1 DVD. Available in Pink and Blue.

Use in a commercial facility will void the warranty.

(BOSURET) BLUE // (BOSURETPINK) PINK



BOSU® SPORT

The BOSU® Sport 50cm Balance Trainer allows for easy transportation and storage, quick positioning for any type of workout, and is ideal for fitness enthusiasts of all ages. The smaller size offers a variety of configuration, stance, and workout options, especially when paired with additional BOSU® Balls. Product diameter – 50cm or 22" Maximum user weight limit – 250 lbs.

(BOSUSPORT)



BOSU® STORAGE RACK

Stores and transports up to 14 fully-inflated BOSU® Balance Trainers. Made of durable steel, has heavy-duty, non-marking casters and fits through a standard doorway. Assembled Size: 49.5" L x 25" W x 76" H.

BOSU® Balance Trainers sold separately.

(BOSUCART)



TRX® HOME KIT

Workout using just your body weight, build lean muscle, burn fat, strengthen your chest and arms and increase flexibility and endurance. Kit includes: TRX Home Suspension Trainer with foam handles, TRX Get Started Guide, TRX Door Anchor, TRX Suspension Anchor, TRX Door Placard, TRX Wrist Band, TRX Mesh Carry Bag and Six Digital Video Workouts.

(TRXHOME)



TRX® RIPTM TRAINER KIT

An innovative resistance cord system to create a variable, unbalanced load that enables you to develop core strength, explosive power, flexibility and endurance. Kit includes: TRX Rip Trainer, medium resistance cord, full safety strap, nylon carry bag, Basic Training DVD, and full colour reference guide.

(TRXRIPTR)



TRX® COMMERCIAL SUSPENSION TRAINER

Ideal for commercial facilities, TRX Commercial Suspension Trainer has a theft-resistant locking carabiner, ultra-durable Dupont® Kevlar® at high wear points, revolutionary barrel lock adjusters, and ergonomic and durable rubber handles. Kit includes: TRX Commercial Suspension Trainer, TRX Wrench, TRX Xtender, and TRX Mesh Carry Bag.

(TRXCLUB3)



TRX® XMOUNT

Measuring 4.5" in diameter, this high quality steel plate easily attaches to any wall, vertical stud or secure overhead beam and supports all TRX Suspension Trainer models. Includes: Two Wood Stud Lag Bolts (3/8" x 3"), Two Washers, 1 Xmount, and Installation Instructions.

(XMOUNT)



TRX® MULTIMOUNT

(SPECIAL ORDER ONLY)

Sturdy, industrial-grade steel, wall mounted pull-up bar. For pull-ups and muscle-ups. The wall-mounted MultiMount is available in 7', 14' and 21' lengths.

Please contact us for availability and sizing.

(MMTZ)



TRX® S-FRAME

(SPECIAL ORDER ONLY)

Available in a standard as well as elevated version that provides additional height. Made from commercial grade steel and can support up to 22 TRX Suspension Trainers and comes in 10', 20' and 30' lengths.

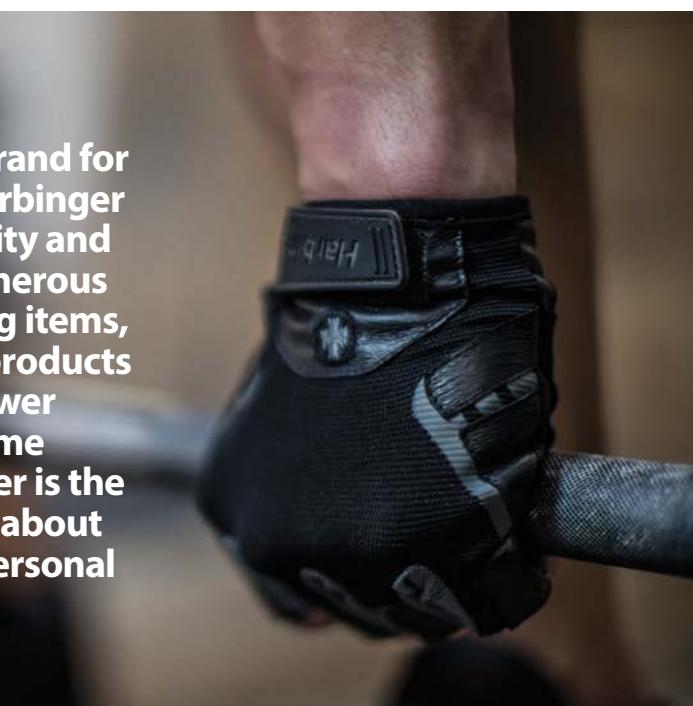
Please contact us for availability and sizing.

(TRXSF)



Harbinger

Harbinger built its reputation as an authentic, performance-oriented brand for athletes and fitness enthusiasts. Harbinger offers innovation, technology, quality and value at every price point. With numerous patents on gloves and other training items, Harbinger continues to bring new products to the market. Find products for power weightlifting, strength training, home exercise and core training. Harbinger is the brand of choice for athletes serious about their training and achieving their personal fitness goals.



GLOVE SIZE CHART

Measure the circumference of your flat hand just under the knuckles (not including your thumb). Our gloves are generally snug-fitting. The real leather is designed to stretch out over the life of the glove. If you are between sizes, we recommend that you select the larger of the two sizes. If you prefer a looser fitting glove, buy one size larger than you typically wear.

CIRCUMFERENCE	UNISEX	WOMEN
6.0" – 6.5"	N/A	XS
6.6" – 7.0"	XS	S
7.0" – 7.5"	S	M
7.5" – 8.0"	M	L
8.0" – 8.5"	L	N/A
8.5" – 9.5"	XL	N/A
9.5"+	XXL	N/A



POWER GLOVES

StretchBack™ performance mesh on back of hand and between fingers increases flexibility. Leather palm protection. Open cell foam cushions palm and fingers. ½ finger length. Enhanced thumb protection. Double stitched for durability. Fully adjustable wrist closure.

(HARGPS) SMALL // (HARGPM) MEDIUM // (HARGPL) LARGE // (HARGPXL) X-LARGE



WOMEN'S POWER GLOVES

Performance vented stretch panels flex naturally and keep hands cool. Machine washable and dryable. ½ finger length. Double leather palm protects hand. Open cell foam cushions palm and fingers. Enhanced thumb protection. Fully adjustable wrist closure. Black.

(HARGWPXS) X-SMALL // (HARGWPS) SMALL // (HARGWPM) MEDIUM // (HARGWPL) LARGE



MEN'S PRO GLOVES

Double leather palm protects hand. Open cell foam cushions palm and fingers. ½ finger length increases contact with grip surface. Wrap-around thumb protection. Double stitched for enhanced durability. Fully adjustable wrist closure. Black.

(HARGMMPMS) SMALL // (HARGMMPM) MEDIUM // (HARGMMPML) LARGE // (HARGMMPXL) X-LARGE



WOMEN'S PRO GLOVES

Performance vented stretch panels flex naturally and keep hands cool. Machine washable and dryable. ½ finger length. Double leather palm protection. Open cell foam. Enhanced thumb protection. Fully adjustable wrist closure. Black and pink.

(HARGWPWDS) SMALL // (HARGWPWDM) MEDIUM // (HARGWPWDL) LARGE



WOMEN'S FLEXFIT GLOVES

Odor and stain control. BiFlex™ palm with layers that flex with hand. Machine washable and dryable leather. Cushions key stress points. Finger length ends below first joint for maximum contact. Fully adjustable wrist closure. Black and purple.

(HARGWFWDPBS) SMALL // (HARGWFWDPM) MEDIUM // (HARGWFWDPL) LARGE



LIFTING GRIPS

Revolutionary new 3-in-1 Training Tool... Lifting Strap, Palm Protector and Leather Hook, all in one! Super tough Harbinger SpiderGrip™ leather prevents calluses and blisters. Plush NeoTek™ pad cushions wrist. Black.

(HARLGS) SMALL / MEDIUM // (HARLGM) MEDIUM / LARGE // (HARLGL) LARGE / X-LARGE



PRO WRISTWRAP GLOVES

Precurved extended length positions and protects fingers. Exclusive tactified leather palm for ultimate grip control. Fully adjustable wrist support and smooth palm system. Black and Red.
(HARGPWWS) SMALL // **(HARGPWWM)** MEDIUM //
(HARGPWWL) LARGE // **(HARGPWWXL)** X-LARGE //
(HARGPWWXXL) XXL



MEN'S TRAINING GRIP GLOVES

Comfort Tech™ layered fabric maintains shape. NoSweat™ lining. TechGel™ padded comfort. ½ finger length. Fully adjustable wrist. Black and blue.

(HARTBBS) SMALL // (HARTBBM) MEDIUM //
(HARTBBL) LARGE // (HARTBBXL) X-LARGE



MEN'S FLEXFIT GLOVES

BiFlex™ palm with integrated layers that flex naturally with hand. TechGel™ pads cushions key stress points. Machine washable and dryable leather. ½ finger length increases contact with grip surface. Fully adjustable wrist closure. Black and red.

(HARGFWDTRS) SMALL // (HARGFWDBRM) MEDIUM //
(HARGFWDBRL) LARGE // (HARGFWDBRXL) X-LARGE



MEN'S TRAINING GRIP WRISTWRAP GLOVES

Fully adjustable WristWrap. Comfort Tech™ layered fabric maintains shape. TechGel™ padded comfort. NoSweat™ lining. ½ finger length. Black and blue.

(HARGTGWBBM) MEDIUM // (HARGTGWBBL) LARGE //
(HARGTGWBBXL) X-LARGE



BIG GRIP PADDED LIFTING STRAPS

Reduce grip fatigue so you can lift heavier, longer than with traditional straps... or bare hands! Our Big Grip® Lifting Straps offer new technology in a traditional tool for serious weight trainers.

(HARLSBG)



BIG GRIP LIFTING STRAPS

DuraGrip™ rubber interwoven in heavy duty nylon increases traction on grip surface. Extended length strap for stronger wrap on bar. Heavy duty stitching for enhanced durability. Patent pending.

(HARLSBG)



Harbinger



PADDED COTTON LIFTING STRAPS

Neotek™ pad cushions wrists. Extended length strap for stronger wrap on bar. Extra 1 ½" width increases contact on grip surface. Marrowed end tabs prevent fraying. Heavy duty stitching.

(HARLSCP)



COTTON LIFTING STRAPS

Extended length strap for stronger wrap on bar. Extra 1 ½" width increases contact on grip surface. Marrowed end tabs prevent fraying. Heavy duty stitching for enhanced durability.

(HARLSC)



BIG GRIP PRO LIFTING STRAPS

Reduce grip fatigue so you can lift heavier, longer than with traditional straps... or bare hands!

Neotek™ wrist cuff and steel tensioning buckle for a secure fit on wrist and enhanced comfort.

(HARLSBGPRO)



WOMEN'S 5" FOAM CORE BELT

Designed specifically to fit female waists, the Women's 5" Foam Core Belt is the top-selling item in Harbinger's women's program!

(HARBCFW5XS) X-SMALL // (HARBCFW5S) SMALL // (HARBCFW5M) MEDIUM



5" FOAM CORE BELT

5" belt features a proprietary foam core base, encircled by a 3" support strap and steel roller buckle that tension tight to engage abdominal cavity and support the lower back. Premium hook-and-loop closure stays stuck. A lightweight alternative.

(HARBCFS5) SMALL // (HARBCFSM) MEDIUM // (HARBCF5L) LARGE // (HARBCFSXL) X-LARGE



4" NYLON BELT

Full 4" wide belt with 3" support strap helps protect lower back and abdomen. Flexible nylon web core moves with body. Heavy gauge steel tensioning buckle customizes fit.

(HARBN4S) SMALL // (HARBN4M) MEDIUM // (HARBN4L) LARGE // (HARBN4XL) X-LARGE



6" PADDED LEATHER BELT

Foam cushioning maintains muscle warmth. Sueded leather lining has a no-slip grip. Specially-tanned real leather feels good from the first lift, and gets better with use. Heavy-duty double prong steel buckle with seamless roller for easy, single hand tensioning.

(HARBL6S) SMALL // (HARBL6M) MEDIUM // (HARBL6L) LARGE // (HARBL6XL) X-LARGE



4" PADDED LEATHER BELT

Foam cushioning maintains muscle warmth, while the sueded lining grips your clothing with no slippage. Heavy-duty double prong steel buckle with seamless roller, so belt closure tightens down with minimal effort.

(HARBL4S) SMALL // (HARBL4M) MEDIUM // (HARBL4L) LARGE // (HARBL4XL) X-LARGE



DELUXE AB STRAPS

Designed to hook on to rigs and fixed overhead bars, the Deluxe Ab Straps have 1 1/2" high-density padding to support and cushion your arms.

(HARABS)



POLYPRO DIP BELT

Lighter weight than traditional leather dip belts, our Polypro Dip Belt is constructed to be flexible and firm, conforming to your torso. The 30" heavy duty steel chain features a premium speed clip to easily add/subtract weight for chin-ups and dips, and steel grommets securing the chain (and weight!).
(HARDBLP)



LEATHER DIP BELT

Our contoured design conforms to your waist and lower back, while the 30" heavy-duty steel chain features a premium speed clip to easily add/subtract weight for chin-ups and dips. The one piece, all leather construction has heavy duty steel grommets securing the chain (and weight!).
(HARDBL)



PRO THUMB LOOP WRIST WRAPS

Extended 20" length provides strong support and wrist stability. Thumb loop secures wrap on hand. Fully adjustable closure.
(HARWWP20)



WRIST SUPPORTS

Extra wide 2" stabilizing strap provides maximum wrist support. Full 6mm neoprene cuff cushions wrist. One size, fully adjustable for customized fit. Hand wash cold; lay flat to dry.
(HARWS)



RED LINE WRIST WRAPS

Harbinger's Red Line Wrist Wraps feature competition grade elastic in an extended 18" length for super powerful wrist support. A thumb loop secures the wrist wrap on the hand for easier wrapping on wrist.
(HARWW18)



RED LINE KNEE WRAPS

Red line competition grade elastic maximizes knee support. Extended 78" length provides full spectrum tension in wrapping. Fully adjustable.
(HARKW78)



HEAVY DUTY ANKLE CUFF

Use with weight stack to strengthen leg muscles. Steel D rings clip on to universal gym cables. Synthetic shearing pad lining. Adjustable closure.
(HARAC)



CHALK BALLS

Pair of magnesium carbonate chalk balls come in cotton pockets to keep your gym tidy. 2 x 3" diameter balls weighing 2 3/8 oz.
(HARCB)



The world leader in hydration belts and running accessories. FuelBelt is the first to introduce the multi-bottle belt, low profile handhelds, and high performance accessories which has redefined hydration.



HELIUM SPRINT PALM HOLDER

The most ergonomic 10oz. bottle with featherlight hand strap – the lightest and best handheld bottle in the world! Fits perfectly in your hand with its iconic shape. Ounce markers let you know how much fluid is left, and the bottle is soft enough to squeeze but firm enough to retain it's unique shape. BPA-Free. One size fits all.
(FUELPHABG) ARCTIC BLUE & GRAPE // (FUELPHB) BLACK // (FUELPHLGH) LAGOON GREEN & HONOLULU BLUE // (FUELPHMPLG) MAUI PINK & LAGOON GREEN // (FUELPHRRB) RUSH RED & BLACK



HELIUM H2O

The Helium H2O is the lightest weight hydration belt ever designed and matched only by it's incredible comfort and flare. Featuring Helium Hex-Foam, which is super lightweight, comfortable and water repellent. These specially designed air channels increase breathability and performance in warm conditions, keeping you cool under pressure. Big Grip Holsters allow for improved bottle control while running at all speeds. Soft Touch Velcro hooks and loops together for a smooth and secure fit. Large removable storage pocket holds keys and valuables. Holds two 7oz. ergonomic BPA-free bottles. One size fits all.

**(FUELHB2B) BLACK
(FUELH2GAB) GRAPE & ARCTIC BLUE
(FUELHB2HBLG) HONOLULU BLUE & LAGOON GREEN**



HELIUM H30

The Helium H30 uses the same technology and construction as the H2O belt with one differentiator; a third bottle.

**(FUELHB3BLG) BLACK & LAGOON GREEN
(FUELHB3BB) BLACK**



CRUSH BOTTLE CARRIER

This one bottle carrier features a 20oz BPA-Free Bottle that easily tucks into a comfortable holster. Water resistant rip-stop material keeps valuables safe in exterior and interior pockets. Ventilated air flow padding, adjustable waistband with S2 Velcro.

(FUELHBCB) BLACK



HELIUM SUPER STRETCH WAISTPACK

Super lightweight and comfortable, this expandable stretch mesh pocket can fit a lot of your valuables! Water repellent Hex Foam keeps water and sweat away while keeping you cool through its specially designed air channels. One size fits all.

(FUELWBG) DEEP SEA BLUE & LAGOON GREEN

(FUELWPG) MAUI PINK & LAGOON GREEN

(FUELWB) BLACK



HELIUM SUPER-STRETCH RACE WAISTPACK

Identical to the Super Stretch Waistpack, with the exception of lace locks for easy race number attachment along with 4 gel loops to carry your gels or nutrition. One size fits all.

(FUELRWB) BLACK



HELIUM RACE NUMBER BELT

The most effective way to wear your race number. No more pins! This lightweight, stylish and fully adjustable belt comes with a buckle closure which closes in a snap. Composed of soft elastic webbing, this belt offers the stretch and comfort you need at your next race. Features reflective swatches to help increase visibility. Fully machine washable. One size fits all.

(FUELRNB) BLACK & RUSH RED

(FUELRNR) RUSH RED & BLACK

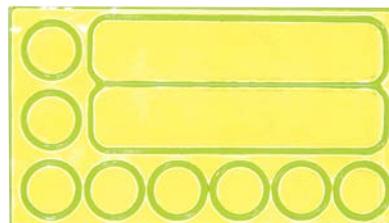
(FUELRNBB) BLACK



REFLECTIVE SNAP BANDS

Pack of two. Reflective snap-band construction and high visibility reflective finish keep you visible in low light conditions.

(FUELREF2)



REFLECTIVE PEEL AND STICK

The most convenient way to increase visibility. Highly visible neon yellow sticker adhere to just about anything, including clothing, helmets and accessories. Be safe! Be seen!

(FUELREFPS)



REPLACEMENT BOTTLES

7oz spare/replacement bottles compatible with all Fuelbelt designs. Blue or pink only.

(FUELRBMP) MAUI PINK

(FUELRCRB) ROYAL BLUE

balega

6 KEY BALEGA DELIVERABLES:

1. SECOND SKIN FIT

A sock must fit snugly to ensure no movement on the foot. Movement causes irritation; irritation causes blisters. End of discussion...

2. DEEP HEEL POCKET

Socks creeping down in your shoes – your worst nightmare. Knitting up to 30% more stitches into the heel or adding more heel branches, deepens the heel pocket to ensure your heel is fully cupped and protected, and that the lateral stretch from bridge to heel is optimal.

3. PROPRIETARY "DRYNAMIX" MOISTURE MANAGEMENT FIBER

Supersoft moisture management fiber, developed exclusively by Balega, wicks moisture away rapidly, keeping you cool and dry all day long.

4. SEAMFREE COMFORT

Seams cause friction, friction causes blisters. Who needs them? Balega's hand linked toe seams will give you the ultimate in seam-free comfort.

5. VENTILATION PANELS

Strategically placed ventilation panels aid in the cooling and wicking process. Need we say more?

6. HAND INSPECTION

Every pair of Balega is hand inspected by our dedicated quality inspection teams and pre-washed before packing.



ABOUT BALEGA SOCKS

Balega prides itself on the fact that all of their products are developed and tested at their South African production facility. The development team is made up of all types of athletes who regularly compete in events ranging from the Comrades and Two Ocean's ultra marathons to many other shorter distance events both on and off road in South Africa and abroad.

They offer real benefits to athletes of all ages and abilities.

All of their socks incorporate a hand linked toe closure which eliminates abrasion across the top of the foot. They also knit an extra deep heel pocket, or 'Fit Well', ensuring that their socks fit the foot perfectly and don't slide during activity.

We offer many thicknesses of socks depending on preferences and fit requirements, all of which are constructed with Balega's own trademark fibers.

SIZE CHART

EUROPEAN	MEN	WOMEN	BALEGA
33 – 35.5		3 – 5.5	X-SMALL
36 – 39.5	4.5 – 6.5	6 – 8	SMALL
40 – 42.5	7 – 9	8.5 – 10.5	MEDIUM
43 – 45.5	9.5 – 11.5	11 – 13	LARGE
46 – 48.5	12 – 14	13.5 – 15.5	X-LARGE

**BALEGA IS A ZULU WORD MEANING:
"To move with speed."**



HIDDEN



HIDDEN COMFORT

New improved elastane throughout for a more structured hold providing a second skin fit. Hand linked toe closure. Reinforced heel and toe. Mesh construction for ventilation. Medium volume construction. Plush under sole cushioning for extra protection. Heel tab helps prevent the sock from slipping into your running shoe.

BLACK (BAHCFBS) S // (BAHCFBM) M // (BAHCFBL) L // (BAHCFBXL) XL
CHARCOAL (BAHCFCS) S // (BAHCFCM) M // (BAHCFCL) L // (BAHCFCLX) XL
WHITE (BAHCFWS) S // (BAHCFWM) M // (BAHCFWL) L // (BAHCFWXL) XL
SHOCKING PINK (BAHCFSPS) S // (BAHCFSPM) M
ELECTRIC BLUE (BAHCFELBS) S // (BAHCFELBM) M // (BAHCFELBL) L // (BAHCFELBX) XL
ZESTY LEMON (BAHCFZLS) S // (BAHCFZLM) M // (BAHCFZLL) L // (BAHCFZLXL) XL



HIDDEN DRY 2

Hand linked toe closure. Reinforced heel and toe. Enhanced elastic grip construction in both arch and ankle provides ultimate support. Microfiber arch band. Heel tab helps prevent the sock from slipping into your running shoe. Unique triple-Y heel creates a pocket which is ergonomically formed to the shape of your heel.

BLACK (BAHDBS) S // (BAHDBM) M // (BAHDBL) L // (BAHDBXL) XL
WHITE (BAHDWS) S // (BAHDWM) M // (BAHDWL) L // (BAHDWXL) XL
PINK / AQUA / CORAL (BAHDPACS) S // (BAHDPACM) M // (BAHDPACL) L
GREY / RED (BAHDGRS) S // (BAHDGRM) M // (BAHDGRL) L // (BAHDGRXL) XL



HIDDEN CONTOUR

New improved elastane throughout for a more structured hold providing a second skin fit. Hand linked toe closure. Reinforced heel and toe. Mesh construction for ventilation. Medium volume construction. Plush under sole cushioning for extra protection. Heel tab helps prevent the sock from slipping into your running shoe.

CHARCOAL / GREEN (BAHCOCS) S // (BAHCOCM) M // (BAHCOCL) L // (BAHCOCLX) XL
BLACK / YELLOW (BAHCOBYS) S // (BAHCOBYM) M // (BAHCOBYL) L // (BAHCOBYXL) XL

AVAILABLE APRIL 1, 2016:

WHITE (BAHCOWS) S // (BAHCOWM) M // (BAHCOWL) L // (BAHCOWXL) XL
LAVENDER (BAHCOLS) S // (BAHCOLM) M // (BAHCOLL) L

balega

ENDURO



ENDURO V-TECH QUARTER

Our NEW enhanced compression bands creates the ideal mid-foot support structure. US made fibers. Hand linked toe closure. Extra deep heel pocket. Mesh ventilation. Cushioning for impact resistance. Medium volume construction. Proprietary Dynamix Moisture management fiber.

WHITE (BAEVQWGS) S // (BAEVQWGM) M // (BAEVQWGL) L // (BAEVQWGXL) XL
 BLACK / GREY / NEON YELLOW (BAEVQBGGS) S // (BAEVQBGM) M // (BAEVQBL) L // (BAEVQBGXL) XL
 WHITE / INK / COBALT (BAEVQWICS) S // (BAEVQWICM) M // (BAEVQWICL) L // (BAEVQWICXL) XL



ENDURO 2 CREW

Hand linked toe closure. Extra deep heel pocket. Mesh construction for ventilation. Cushioning for impact resistance. Medium volume construction. New V-Tech Arch Support System for added structure. Proprietary Dynamix Moisture management fiber.

WHITE / GREY (BAEVCWWGS) S // (BAEVCWWGM) M // (BAEVCWWGL) L // (BAEVCWWGX) XL
 BLACK / GREY (BAEVCWBGS) S // (BAEVCWBGM) M // (BAEVCWBGL) L // (BAEVCWBGX) XL



ENDURO 2 LOW CUT

Hand linked toe closure. Extra deep heel pocket. Mesh construction for ventilation. Cushioning for impact resistance. Medium volume construction. New V-Tech Arch Support System for added structure. Proprietary Dynamix Moisture management fiber.

WHITE / GREY (BAEVLCWGS) S // (BAEVLCWGM) M // (BAEVLCWGL) L // (BAEVLWGXL) XL
 BLACK / GREY (BAEVLCBGS) S // (BAEVLCBGM) M // (BAEVLCBGL) L // (BAEVLCBGX) XL



WOMEN'S ENDURO NO SHOW

Hand linked toe closure. Reinforced heel and toe. Mesh construction for ventilation. Medium volume construction. Arch support for all day comfort. Sensitive rib top for added comfort. Heel tab helps prevent the sock from slipping into your running shoe. Look out for our elegant new mesh pattern.

SKY (BAEWNSSX) XS // (BAEWNSS) S // (BAEWNSM) M // (BAEWNSL) L
 SHERBERT PINK (BAEWNSPXS) XS // (BAEWNSPS) S // (BAEWNSPM) M // (BAEWNSPL) L
 BUBBLE GUM (BAEWNBGXS) XS // (BAEWNBG) S // (BAEWNBG) M // (BAEWNBG) L



ENDURO LOW CUT WOMEN'S

Hand linked toe closure. Reinforced heel and toe. Mesh construction for ventilation. Medium volume construction. New V-Tech Arch Support System for added structure. Sensitive rib top for added comfort. Proprietary Dynamix Moisture management fiber.

COOL BLUE / CORAL / YELLOW (BAEWLBCYS) S // (BAEWLBCYM) M // (BAEWLBCYL) L
 CORAL (BAEWLCCS) S // (BAEWLCCM) M // (BAEWLCL) L

SECOND SKIN



ULTRA-LIGHT NO SHOW

Ultrafine Hi-Tech performance yarns on a high needle count knitting machine provides the sheerest, lightest sock on the planet while still providing the necessary protection.

BLACK / LIME (BAULNSBLS) S // (BAULNSBLM) M // (BAULNSBLL) L // (BAULNSBLXL) XL
PINK / CORAL / WHITE (BAULNSPCWS) S // (BAULNSPCWM) M
WHITE / BERRY / AQUA (BAULNSWBAS) S // (BAULNSWBAM) M
GREY / WHITE (BAULNSGWS) S // (BAULNSGWM) M // (BAULNSGWL) L // (BAULNSGWXL) XL
WHITE / ROYAL / NEON YELLOW (BAULNSWRYS) S // (BAULNSWRYM) M // (BAULNSWRYL) L // (BAULNSWRYXL) XL

Available April 1, 2016:

NEON GREEN (BAULNSGS) S // (BAULNSGM) M // (BAULNSGL) L // (BAULNSGX) XL



ULTRA-LIGHT QUARTER

Ultrafine Hi-Tech performance yarns on a high needle count knitting machine provides the sheerest, lightest sock on the planet while still providing the necessary protection. Now with quarter length.

Available April 1, 2016:

WHITE / ROYAL (BAULQWRS) S // (BAULQWRM) M // (BAULQWRL) L // (BAULQWRXL) XL
BLACK / LIME (BAULQBLS) S // (BAULQBLM) M // (BAULQBLL) L // (BAULQBLXL) XL
GREY / WHITE (BAULQGWS) S // (BAULQGWM) M // (BAULQGWL) L // (BAULQGWXL) XL



BLISTER RESIST CREW

Hand linked toe seam. Extra deep heel pocket. Mesh channels for added ventilation. Protective cushioning for impact resistance. Moh-rino fiber aids in prevention of sheer friction blisters. NEW V-Tech Arch support system for added structure. Sensitive rib top for ultimate comfort aiding in enhancing healthy blood circulation. Medium volume construction.

CHARCOAL (BABRCCS) S // (BABRCCM) M // (BABRCCL) L // (BABRCCXL) XL

NATURAL FIBER



BLISTER RESIST QUARTER

Hand linked toe seam. Drymo (Dynamix Mohair footbed) for unbelievable protection against sheer friction blisters. Reinforced heel and toe. Second skin fit. High volume construction. Enhanced elastic grip construction in both arch and ankle provides ultimate support. Microfiber arch band. Heel tab prevents sock from slipping into your running shoe.

WHITE (BABRQWS) S // (BABRQWM) M // (BABRQWL) L // (BABRQWX) XL
CHARCOAL (BABRQCS) S // (BABRQCM) M // (BABRQCL) L // (BABRQCXL) XL



Natural mohair with its unique flat scale structure is renowned for its protection against sheer friction blisters even with the most sensitive skin.

It also boasts incredible tensile strength and when combined with Dynamix moisture management fiber provides a supersoft touch to the skin.

Seamless constructed fit technology knitted with the revolutionary Dry-Mo for the ultimate protection against sheer friction blisters.

YOGA / PILATES / REHAB / STRETCHING**FOAM YOGA BRICKS**

A staple for yoga studios and yogis, these dense, lightweight foam, and environmentally friendly yoga blocks are the perfect solution to provide extra stability and support in balancing postures, inversions and seated stretches. Choose between a 3" or 4" yoga brick.

(YGB1) 3" // (YGB4) 4"

**WEIGHTED YOGA BALLS**

A lightweight solution that will add just enough difficulty to any yoga or Pilates session, these Weighted Yoga Balls have a soft vinyl outer shell and weigh 2.2 lbs.

Sold Individually.

(F13001)

**YOGA STRAP**

Made from 100% cotton webbing, features a durable PVC buckle and comes in a 6' length in an earthy, natural grey color.

(YGS15)

**PILATES BALL**

Enhance traditional Pilates and yoga poses by adding elements of strength, intensity, and balance with this pliable PVC, inflatable, 8" diameter ball that assists in proper alignment. Colour may vary.
(PB2806)

**PILATES TONING RING**

Add resistance to any Pilates workout. 14.75" diameter ring with soft, comfortable rubber grips.
(YPR15)

**FLAT BANDS**

Great for yoga and Pilates, flexibility, strength and core training, these flat bands contain natural rubber latex for increased durability, are 4" L x 5" W and great for clinical or home use!

(FB1) LIGHT - RED // (FB2) MEDIUM - BLUE // (FB3) HEAVY - GREEN
// (FBSET) FLAT BAND SET

**STRETCHING STRAP**

Improve recovery post-workout, prevent injuries and increase range of motion using this 34" L x 2" W stretching strap, complete with 14 basic stretches printed directly on the strap.
(EB01)

**SENSORY MASSAGE BALL SET**

Relieve minor aches, tension and pains, promote blood flow and increase circulation with this set of 1 x 7 cm and 1 x 9 cm Sensory Massage Ball.
(MBSET)



TRS ACTIV8R BODY BALL

An ideal tool for self massage and myofascial release. Constructed from food-grade silicone, the unique design provides a firm density with moderate give, can safely be frozen for a cold and more dense use or heated in the microwave or in boiling water for heat treatment.

(TRSBB)



EVA FOAM ROLLERS

Premium-grade, closed-cell, heat-sealed, EVA foam for maximum durability and anti-bacterial properties. 6" diameter. Ideal for treating IT band, hip, gluteal and back issues. Maintains its shape and density after heavy use.

(FR2Y1) 36" // (FR2Y3) 12"



EPE FOAM ROLLER

High-density, 6" diameter, EPE foam roller designed for myofascial release to increase workout performance, and prevent injuries by applying pressure in concentrated areas.

(FR3Y1) 36" // (FR3Y3) 12"



FOAM ROLLER STAND

Made from EVA Foam, this Foam Roller Stand is the perfect storage solution for any environment. Accommodates up to 5 foam rollers, 6" in diameter.

Foam rollers not included.

(FRS380)



ESSENCE YOGA MAT

An economically priced yoga mat! Suitable for home use, but durable enough for high traffic areas such as commercial gyms and schools. Latex free. 68" L X 24" W x 5mm.

(G68)



RAINFOREST ECO YOGA MAT

Fabric-like finish on one side and textured surface on the reverse. Two-colours, 100% eco-friendly design, latex free, non toxic, antibacterial, 100% recyclable and biodegradable. 71" L x 24" W x 5 mm thick.

(GM5)



SAVASANA HOT YOGA MAT

Made from 100% TPE (Thermal Plastic Elastomer) material, PVC and toxic-chemical free, this dual-textured hot yoga mat becomes stickier with the temperature of the room and is idea for your hot yoga session. For maximum grip, ensure the smooth side of the mat faces down. Dimensions: 72" L x 24" W x 3 mm thick.

(GM9)



YOGA TOWEL MAT

Unique dual-texture design for superior grip and unbeatable absorbency. Made from environmentally-friendly TPE. 100% recyclable and hygienic. Contains zero latex, rubber or PVC and is washable (hand wash) or can be wiped down with a damp cloth. Includes a black drawstring carry bag. Dimensions: 72" L x 24" W, 1 mm thick. Weight: 300 grams.

(GM2)



4 FOLD EXERCISE MAT

Plush EVA foam mat is great for home or for the gym! When unfolded, the mat measures 180cm L x 60cm W by 0.6cm thickness. Twelve easy exercises printed right on the mat to lead you though a simple workout. Folds up for easy storage.

(GM4FOLD)



STRETCHING MAT

Unique tri-fold design, blue EVA foam, washable (hand-wash) and portable, soft cushion for maximum comfort. Dimensions: (folded) 18" L x 20" W x 21 mm thick; (unfolded) 54" L x 20" W x 7 mm thick.

(GM307)



GYM MAT

Great for fitness facilities, durable black vinyl cover, easy to clean after use, high density, 1.5" thick urethane foam provides ultimate comfort. Handle at top of the mat for easy transportation and storage. Dimensions: 48" L x 24" W x 1.5" thick.

(EM4X2)

STABILITY BALLS & PHYSIO ROLLS



CONCORDE STABILITY BALLS

Manufactured from non-toxic vinyl and 100% free from latex, lead and phthalates, Stability Balls have a heavy-duty anti-burst rating of 300 kg, and textured surface to prevent slipping.

(**SBALL55**) 55 CM, RED, SUGGESTED HEIGHT: 4'6" TO 5'3" // (**SBALL65**) 65 CM, BLUE, SUGGESTED HEIGHT: 5'3" TO 6' // (**SBALL75**) 75 CM, YELLOW, SUGGESTED HEIGHT: 6'



COREFX ANTI-BURST BALL

The toughest ball on the market. With an anti-burst rating of 1250lbs, this stability ball is built to last while you carve out a strong core. 65cm diameter only.

(**CFXABS65**)



BOSU® BALLAST BALL

Constructed of durable, high-quality, burst-resistant material, with a unique weighted filler that allows it to stay put so it won't roll around. Includes foot pump and workout DVD. Weighs 6.5 lbs. and can be inflated between 55 cm. and 65 cm.

(**BOSUBLST**)



GYMNIC BALLS

For balance and core training workouts. Made in Italy, 100% free of latex, lead and phthalates, guaranteed anti-burst rating of 300 kg.

(**95.45**) 45 CM // (**95.55**) 55 CM // (**95.65**) 65 CM // (**95.75**) 75 CM // (**95.85**) 85 CM // (**95.95**) 95 CM // (**95.98**) 98 CM // (**A9942**) REPLACEMENT PLUG SET



GYMNIC PHYSIO ROLLS

Made in Italy and trusted worldwide for excellent quality, the Physio Rolls are suitable for children, older adults and clinical environments. 100% free of latex, lead and phthalates. Anti burst.

(**GYMNIC8801**) 40 CM // (**GYMNIC8802**) 55 CM // (**GYMNIC8803**) 70 CM



STABILITY BALL RACK

Mobile rack with lockable 3" diameter casters, made of PVC plastic for strength and sturdiness, allowing you to store up to 9 Stability Balls in one location. Can accommodate up to 3 x 55 cm, 2 x 65 cm, or 2 x 75 cm stability balls per row. Size: 63" L x 18" W x 74" H.

Stability Balls not included.

(**BC4S**)



WOBBLE DISC

Made of heavy duty PVC. Ideal for physiotherapy, chiropractic and rehabilitation centres. Inflate wobble disc for desired level of difficulty. 300kg anti-burst rating. Dimensions: 13.5" W x 3" H.

(F1301)



TRI-LEVEL BALANCE BOARD

Made from durable ABS plastic, virtually unbreakable under normal use, 14" diameter, textured surface prevents slipping, unique bottom adjustment for 3 levels of difficulty.

(FB2500)



BALANCE BEAM

The super soft, comfortable feel of this trapezoidal prism foam beam is great for balance practice. The flat top makes it easy to walk on. Can be used narrow or wide side up depending on level of ability.

38" L x 7.5" Base x 2.5" H.

(BALBEAM)



BALANCE PODS

Inflatable, textured surface, PVC construction, and dome shaped. Balance pods are great for injury prevention and rehabilitation. Dimensions: 6" diameter x 3" H when fully inflated.

Sold in pairs.

(F6501)



BALANCE PAD

Super soft foam acts as an unstable base so your stabilizing muscles work harder. Use one or two pads for exercises such as squats, lunges, push ups and much more. Also ideal for balance, rehabilitation and coordination protocols. 20" L x 15.75" W x 2.75" H.

(BALPAD)



ELEPHANT SLACKLINE ECOLINE

No colour, no accessories: we saved on everything but the necessary – the quality of the slackline and the ratchet. Perfect for quality-conscious beginners, the product is 40' (12 m) long, lightweight and easy to take on trips.

(ESECO)

**SEE PAGE #125
FOR FULL ELEPHANT SLACKLINE COLLECTION**



SPEED AND AGILITY HURDLES

Made from extremely durable ABS and constructed to withstand the demands of serious personal trainers and sports conditioning workouts, the Speed and Agility Hurdles are 18" wide x 12" deep and are available in 6", 9" and 12" heights. Also available in sets of 6 with a carry bag.

(SH12) 12" HURDLE // (SH12P) (6 + BAG) - 12" HURDLES // (SH6) 6" HURDLE // (SH6P) (6 + BAG) - 6" HURDLES
(SHB12) CARRY BAG - 12" // (SHB6) CARRY BAG - 6" // (SH9) 9" HURDLE // (SH9P) (6 + BAG) - 9" HURDLES



SPEED HURDLE CARRY STRAP

13.5" long with a secure Velcro strap, you can carry up to 6 Speed and Agility Hurdles at once! Works with 6", 9" and 12" hurdle sets.

(HCS)



DELUXE SLALOM POLES

The Deluxe Slalom Poles are made from heavy-duty ABS and are 1.5" in diameter and 6' in height. These poles are sold individually in yellow and orange, or can be purchased as a set of six.

(ASP15O) ORANGE // (ASP15Y) YELLOW // (ASPP) SET OF 6, (3 YELLOW, 3 ORANGE)



ABS SUPER BASE

Designed to be used indoors, on pavement, turf, or gym floors, the ABS Super Base is made from heavy-duty ABS plastic, and attaches to 1.5" Slalom Poles such as the ASP15 Deluxe Slalom Poles.

(ASB)



COACHING STICKS PREPACK

Extremely durable but lightweight, this set includes 6 yellow coaching sticks that are 1" in diameter and 5' long and also feature a metal spike for use in any field conditions.

While quantities last.

(ASP6YL)



POWER SPEED SLED

Powder coated, 14-gauge steel speed sled (30" L x 16" W) includes 14' nylon lead and 2 hooks. 12" long x 1" diameter center pin designed for use with standard weight plates or Olympic plates.

Weight Plates not included.

(F6015)



EVASION BELT

Ideal for shadowing and evasion drills. Contains 2 x adjustable (up to 42" waist) belts with 2 x nylon tearaway flags, and a 62" length of nylon webbing with Velcro connection overlap. Comes in a convenient storage bag.

(AB002)



AGILITY HURDLE PLYOMETRICS SET

Perfect for indoor or outdoor training, this set includes 6 x 1" thick x 4' long poles, 4 x heavy-duty rubber bases, 4 x rotating clips.

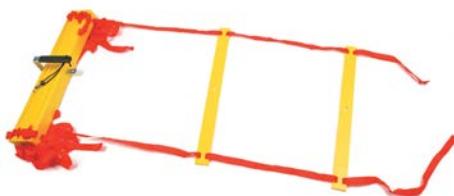
(J200) SET // (J200A) REPLACEMENT POLES // (J200C) BASES // (J200B) CLIPS



PLYOBUSES

Heavy-duty 1" square tubular steel, with a 1/2" thick anti-slip rubber landing pad, plyobuses are sold separately or as a set of 5 including one of each individual size.

(PBD12) 12" // (PBD18) 18" // (PBD24) 24" // (PBD30) 30" // (PBD36) 36" // (PBDSET) SET OF 5



ADJUSTABLE RUNG AGILITY LADDER

12 Fully adjustable plastic rungs with nylon webbing allows athletes to switch between long powerful steps and short quick steps. Size: 20' L x 20" W. Includes carry bag.

(AL6A)



ELITE AGILITY LADDER

Made with heavy-duty plastic rungs which are connected by ultra-strong nylon webbing. It can be used indoors and outdoors. The ladder has quick-lock clips so multiple ladders can be connected together. A carry bag is included. More ladder options are available in the fitness section. Available with or without retail box.

(AL4) 4 M // (AL8) 8 M



PROFESSIONAL AGILITY LADDER

Strong nylon webbing with unbreakable metal rungs and sleeves for use with spike shoes. Extra wide with a fixed length of 4 m. Includes carry bag. (AL4R)



FLAT-RUNG AGILITY LADDER

Comes with two 15' ladders (22 total rungs) that attach together via Velcro strips. Made of heavy-duty nylon webbing with unbreakable metal rods running through the rungs, measuring 18" x 18". While quantities last.

(AL30)



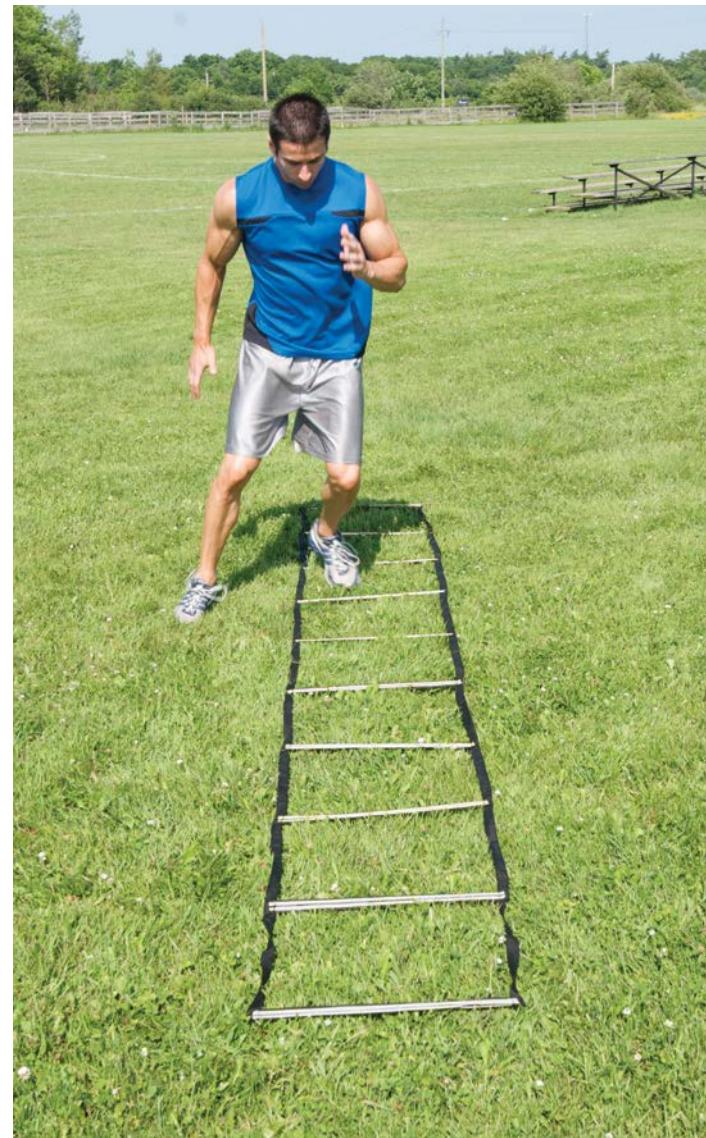
SPEED RING AGILITY LADDER

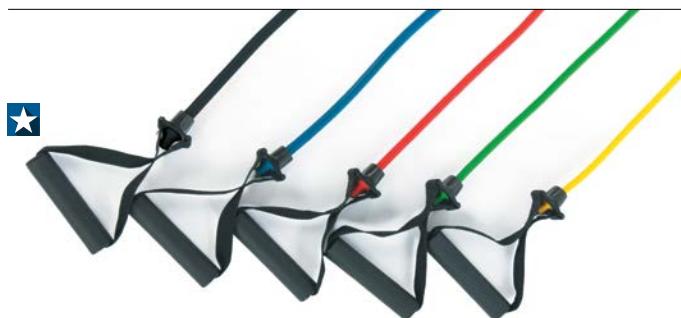
12 adjustable flat agility rings. Includes storage bag.
(AL011) 17.5" // (AL012) 19.5"



SPEED RINGS

These PVC Speed Rings are available in 20", 24", and 27" diameters in multiple colors. 20" Speed Rings are also available in a pack of 6.
(HF20) 20" // (HF24) 24" // (HF27) 27" // (PHF20S) 20" PACK OF 6 WITH STORAGE BAG.





ELITE RESISTANCE TUBING

Superior stretch, long-lasting latex resistance tubing with a padded handle and secure connection for extra safety. Each resistance tube is marked with the resistance for easy identification. Available in 4' lengths.

(ERTL1) LIGHT - YELLOW // (ERTL2) MEDIUM - GREEN // (ERTL3) HEAVY - RED // (ERTL4) VERY HEAVY - BLUE // (ERTL5) ULTRA HEAVY - BLACK

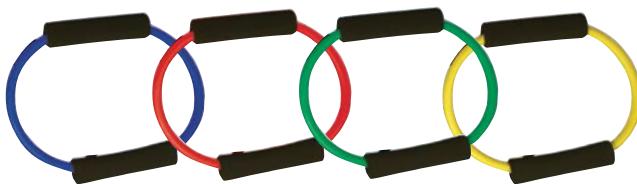


INTERCHANGEABLE TUBING SET

This interchangeable tubing set includes 10 PCS - Yellow: 2-4 lbs.; Blue: 4-6 lbs.; Green: 10-12 lbs.; Black: 15-20 lbs.; Red: 25-30 lbs.; Two foam handles; Ankle strap; Door anchor; Carrying bag.

Coming 2016

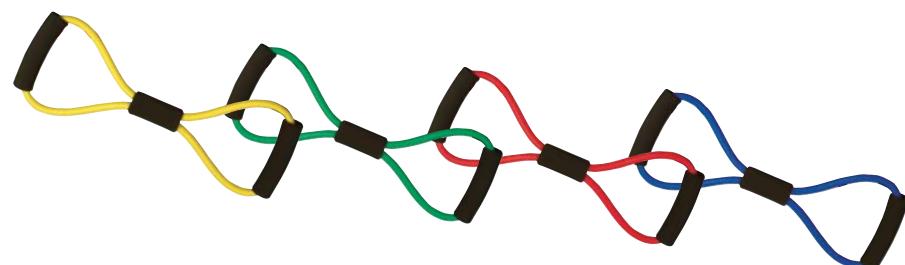
(CONITS)



ELITE LOOPS RESISTANCE TUBING

Superior stretch, long-lasting latex resistance tubing with padded foam handles and a unique closure system that prolongs product lifespan.

(ELRT1) LIGHT - YELLOW // (ELRT2) MEDIUM - GREEN // (ELRT3) HEAVY - RED // (ELRT4) VERY HEAVY - BLUE



ELITE FIGUR8 RESISTANCE TUBING

The X-Pattern is great for adding resistance to any upper or lower body exercise. Superior stretch, long-lasting latex resistance tubing with padded foam handles and a unique closure system that prolongs product lifespan.

(EF81) LIGHT - YELLOW // (EF82) MEDIUM - GREEN // (EF83) HEAVY - RED // (EF84) VERY HEAVY - BLUE



FITNESS LOOPS

A versatile and portable resistance training tool. Great for upper and lower body workouts. Fitness loops contain latex for ultimate elasticity and durability. Dimensions: 12" L x 2" W.

(FL1) LIGHT - YELLOW // (FL2) MEDIUM - GREEN // (FL3) HEAVY - RED // (FL4) VERY HEAVY - BLUE



CONCORDE GLIDING DISCS

These Concorde Gliding Discs are double sided for versatility and work on both carpet and hard floors. The smooth side are for carpeted areas and the fabric side are for hard floors. 7" diameter.

(CGD)



FITNESS STEP

Platform features shock-absorbing, polyethylene, anti-slip, ribbed rubber surface and non-skid rubber feet for stability and floor protection. Set includes 1 x 4" H step platform and 4 x 2" H risers, meaning it is fully adjustable from 4" to 6" to 8" heights. Dimensions: 40" L x 14" W.

(FSTP01)



REACTION BALLS

Test students' reaction time and agility with our best selling reaction balls! Available in 2 sizes and styles. Dense solid rubber construction.

(BT25) 2.5" ORANGE ONLY // (BT35) 3.5" RED, BLUE, GREEN, YELLOW



WEIGHTED HULA HOOP

A fun variation to training exercises and workouts. Each hula hoop weighs 3.3 lbs. and has a specially designed foam-wrapped construction. Easily breaks down into 6 portable pieces with its quick-lock attachments. 40" diameter. orange / grey, changing to green / grey 2017.

(FWH15)



MINI AEROBIC STEP

Compact design and textured surface for maximum grip. Easily adjusts to 5", 7" and 9" heights. Non-skid rubber feet for stability and floor protection. Dimensions: 27.5" L x 10.5" W.

(FSTMN1)



360 PUSH UP GRIPS

Rotating platform that turns 360 degrees and allows the user to rotate the handles while performing push ups. Plastic construction, supports up to 440 lbs., non-slip rubber footpads.

(PUG360)



AB WHEEL

Build core strength and stabilization with the Ab Wheel! Includes a double wheel for added stability. This is the perfect tool for personal trainers to challenge their clients and to work on building and maintaining muscular tension through the midsection.

(ABW1)



LEBERT EQUALIZER

The Lebert Equalizer is one of the most versatile and portable multi-purpose training tools on the market. It allows athletes to find infinite ways to workout with innovative strength training movements. Tested to support up to 400 lbs., each bar weighs 8 lbs. Dimensions: 28.5" H x 25" W. Sold as a pair.

(F2300Q)



LIGHTSPEED WEIGHTED TRAINING VEST

This ergonomically designed weighted vest is made of vented neoprene and available in men's and women's. Includes hydration pocket, reflective trim, detachable pocket and adjustable strap.

(AVW6) 6 LBS. - WOMEN'S CUT // (AVW12) 12 LBS. - MEN'S CUT



D-RING ANCHOR POINT

This is a great anchor point that can be added to a wall or rig to double up your battle rope.

(BROPEDRING)

**SEE PAGE #114
FOR BATTLE ROPE AND ACCESSORIES.**



WRIST/ANKLE WEIGHTS

Provide added resistance during training workouts. Soft one size fits all wrist/ankle weights are made of neoprene for friction free comfort. Adjustable Velcro closures. Available in 4 weights.
Weights listed are TOTAL weight; divide by 2 for individual weights.
(AHB12391) 1 KG / 2.2 LBS. // (AHB12392) 2 KG / 4.4 LBS.
// (AHB12393) 3 KG / 6.6 LBS.



WRIST ROLLER

This industrial strength wrist roller is critical in building forearm and grip strength. Features foam covered handles for comfortable grip. Includes 2.75lb weight plates and secure locking system.
(AV754)



SURGE

Specialized water-filled device used for dynamic fluid resistance training, holds up to 65 lbs. of water, provides two sets of 1" diameter grips: parallel and barbell grip. Includes workout DVD. Dimensions: 42" L x 8.25" diameter.
(SURGE)



OLYMPIC BAR WRAP PAD

Molded 1" thick foam, 14" long, with nylon shell and Velcro® closure. Designed to fit Olympic bars and provides additional comfort when resting the bar on your upper back while performing squats and lunges.

(ZBARPAD)



SLEDBARROW

Three-in-one conditioning system that combines the power of a drag sled, a drive sled and a training wheelbarrow. Total weight of all accessories: 45 lbs. Includes: 1 Sledbarrow base with industrial strength wheels, 2 extension arms, 1 push bar 16" in height, 1 nylon webbing harness for drag sled drills, 1 training DVD.
Weight plates not included. Black only.

(SLDBRW)





TOTAL CORE

This features a solid steel, 16" x 19", 39 lb. base plate with anti-skid rubber bottom. It comes with a pivoting sleeve and handle attachment that will accommodate any 2" diameter Olympic bar (not included).

(TCORE)



WALL MOUNTED CHIN UP BAR

Made of industrial strength, heavy steel, featuring 4 different grip positions. 44" wide (end to end), 23" deep (from base of wall bracket).

(WMCUB)



VINYL DIPPED KETTLEBELL

Perfect for strength and conditioning training, these cast iron, vinyl dipped kettlebells have seamless handles and a flat, sturdy base.

(FKB4K) 4 KG/9 LBS. // (FKB6K) 6 KG/13 LBS. // (FKB8K) 8 KG/18 LBS. // (FKB10K) 10 KG/22 LBS. // (FKB12K) 12 KG/26 LBS. // (FKB16K) 16 KG/35 LBS. // (FKB18K) 18 KG/40 LBS. // (FKB24K) 24 KG/53 LBS.



GLUTE HAM RAISE

Made of high-density foam. Durable black vinyl cover and easy to clean after use. Thick urethane foam provides ultimate comfort. Weight: 58 lbs. Dimensions: 33" L x 25" W x 21" H.

While quantities last.

(GHR)



NEOPRENE DUMBBELL

Covered in a protective neoprene coating, the Neoprene Dumbbells are very durable. Each vary in size depending on their weight. Available in 6 different weights. Sold individually.

(FND2001) 1 LBS. // (FND2002) 2 LBS. // (FND2003) 3 LBS. // (FND2005) 5 LBS. // (FND2008) 8 LBS. // (FND2010) 10 LBS. // NEW (FND2012) 12 LBS. // NEW (FND2015) 15 LBS.



MEDICINE BALLS

The medicine balls are made from molded, vulcanized rubber, making them extremely durable. For conditioning and training drills for all sports. Can be bounced.

(MR1K) 1 KG/2.2 LBS. // (MR2K) 2 KG/4.4 LBS. // (MR3K) 3 KG/6.6 LBS. // (MR4K) 4 KG/8.8 LBS. // (MR5K) 5 KG/11 LBS. // (MR6K) 6 KG/13.2 LBS. // (MR7K) 7 KG/15.4 LBS. // (MR8K) 8 KG/17.6 LBS. // (MR10K) 10 KG/22 LBS.



SINGLE SIDED MEDICINE BALL RACK

Black, high strength steel tubing ball rack holds up to 5 medicine balls of all sizes and weights.

Size: 14.5" L x 11" W x 52" H

(MBR1)



MEDICINE BALL CART

3 shelf frame made of 1" powder-coated square steel tubing. Holds up to 20 medicine balls any size or weight. 3" diameter heavy-duty swivel casters. Size: 53" L x 9.5" W x 35" H

(BC39)



DOUBLE SIDED MEDICINE BALL RACK

Powder coated steel tubing. Double sided; holds up to 10 medicine balls of all sizes and weights. Size: 25" L x 15" W x 59" H

(MBR2)



BULK SKIPPING ROPES

Customize rope length you need by purchasing a 100' coil. Available in red, green or yellow.

(SHC10)



COTTON SKIPPING ROPES

Traditional skipping rope has smooth wooden handles and improved ball bearing construction. Thick braided cotton sash rope available in 4 lengths. For slower rotational speeds.

(Y12/7) 7' // (Y12/8) 8' // (Y12/9) 9' // (Y12/24) 24'



SECTIONAL SKIPPING ROPES

Unbreakable segmented plastic sections over heavy nylon rope. Available in 4 lengths. For moderate rotational speeds.

(Y21/7) 7' // (Y21/8) 8' // (Y21/9) 9' // (Y21/16) 16'



CABLE SPEED ROPE

Deluxe PVC-covered wire cable speed rope features non-slip foam handles and precision ball bearings. Available in 9' length only. One of the fastest rotational speed ropes we sell.

(Y460)



SPEED ROPES

Top quality rope designed for speed and high performance jumping. Vinyl ropes turn freely and will not kink. Durable 5" L plastic handle. Available in 6 lengths.

(Y89/7) 7' YELLOW // (Y89/8) 8' BLUE // (Y89/9) 9' GREEN // (Y89/10) 10' ORANGE // (Y89/16) 16' RED // (Y89/30) 30' DARK BLUE



BRAIDED SKIPPING ROPES

Tangle free 1/2" braided nylon ropes feature knotted and sealed ends. Available as 6 colour rainbow pre-packs for sizes 7', 8', 9' and 10'. Sizes 16' and 32" are sold as singles.

(YCR7S) 7' // (YCR8S) 8' // (YCR9S) 9' // (YCR10S) 10' // (YCR16A) 16' SOLD INDIVIDUALLY // (YCR32A) 32' SOLD INDIVIDUALLY



PRO'S CHOICE SPEED ROPE

Our most popular speed rope. Made of non-slip EVA foam handles, and precision ball bearings. Non-kink PVC licorice style skipping rope is great for fast rotational speeds. 9' length only
(Y100)



LEATHER SKIPPING ROPE

The classic leather skipping rope design features ergonomic, turned wood handles and ball bearings within the handle. Moderate rotational speeds for a great workout. 9' length only.
(Y406)



COREFX DOUBLE UNDER SPEED ROPE

Master the art of the double under with this ultra lightweight, ultra thin speed rope. The length of this 11' vinyl dipped cable rope can be easily adjusted.
(DUSR)



ECONOMY STOPWATCH

A great introductory stopwatch featuring 1/100th second display with a durable Alkaline battery.

(SW002)



ERGO STOPWATCH

A durable timer for personal trainers, featuring: large scale time display, date display, supports 12/24 hour display format and chrono data.

Stores data for each run with data tag. Also includes 1/100 sec. precision with split function, daily alarm, hourly chime, water and shock resistant, 1.5V Alkaline battery. Lanyard included.

While quantities last.

(SW003)



6 FUNCTION STOPWATCH

Mid priced stopwatch for all your timing needs. Features 1/100 sec precision chronograph with lap counter, calendar & time display 12/24 hr., daily alarm, hourly chime and large scale time display, water and shock resistant. Includes 1.5V Alkaline battery and lanyard.

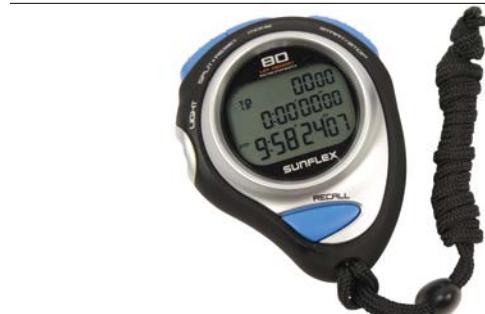
(SW4490)



DELUXE STOPWATCH

Designed for more frequent use of basic timer functions, the Deluxe Stopwatch features: large scale time display, date display, supports 12/24 hour display format, chrono data. Stores data for each run with data tag. Also features 1/100 sec. precision with split function, daily alarm, hourly chime. Water and shock resistant. Battery: CR2032 3V lithium battery with easy access hatch for replacement. Lanyard included.

(SW425)



TRIPLE ROW PROFESSIONAL STOPWATCH

The ultimate stopwatch featuring three row large scale date & time display. Displays fastest lap, slowest lap and average lap, supports 12/24 hour display format and chrono data. Stores data for each run with data tag, 80 laps and split memory at 1/100 sec. precision. Also includes pacer function with selectable pace interval. Water and shock resistant. Battery: CR2032 3V lithium battery with easy access hatch for replacement.

(SW059)



INTERVAL TIMER CLOCK

Perfect for tabata workouts, intervals and all timing functions. Timing functions include: 12/24 hour clock, alternating work/rest timing, count up and count down. Measuring 19.5" W x 6" H, featuring bright red LED display for easy visibility, and a loud buzzer to notify athletes when the interval or time is up, the Interval Timer Clock is a must have for any facility! Comes with remote control and wall adapter.

(ICT)



PEDOMETER

Track your progress with this basic pedometer, featuring: 7 days total workout memory, time display, 12/24 hour display format, accurate step counter by digital motion sensor, track: steps, distance and speed. Accurately calculate calories burned. Includes exercise timer.

While quantities last.

(PED6)



ELECTRONIC WHISTLE

Two powerful whistle tones, 1 lock button, anti-slip design, 67 g, 5.5" height, 4.5" circumference (at widest point). Requires 4 x CR2032 batteries.

Warning: extremely loud. Do not use close to ears.

(WE1)



DELUXE PEDOMETER

Track your progress with this Deluxe Pedometer, featuring: 7 days total workout memory, time display, 12/24 hour display format, walking/running speed and accurate step counter by digital motion sensor. Track: steps, distance, speed and accurately calculate calories burned, display target and goal %. Includes exercise timer, 3 second EL backlight, 1/100 second chronograph and daily alarm.

While quantities last.

(PED9)



HEART RATE MONITOR

Let this Heart Rate Monitor guide your intensity and take the guess work out of your training sessions! Features: 3 selectable heart rate zones, average heart rate, audio & visual alarm in target zone, upper & lower heart rate zone alarm, calories burned counter, chronograph, exercise data recall, exercise timer, in-zone timer, % of maximum heart rate, maximum heart rate, EL backlight.

(HRM1)